

## INVITATION TO:

Latvijas Vieglatlētikas Savienība  
Lietuvos Lengvosios Atletikos Federacija  
Suomen Urheiluliitto  
Svenska Friidrottsförbundet



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## INVITATION TO TAKE PART IN **THROWERS COMPETITION SERIES**

Estonian Throwers Competition Series has long traditions as it has been held already for 43 seasons and upcoming is 44th. Some competitions of the series have been used as trials to compete in Olympics, World or European Championships, so the level of the series is high. Last year over 170 athletes participated in the series.

### VENUE:

[Audentes Sports Centre Stadium](#) in Tallinn, Estonia.

Throwers competition series consists of 5 competitions every year. This year competitions take place as following:

### DATES:

1st competition - **19.05.2013**  
2nd competition – **4.06.2013**  
3rd competition – **15.07.2013**  
4th competition – **24.08.2013**  
5th competition – **4.09.2013**

### PROGRAMME:

Each throwers competition has the same programme with all throwing events covered:  
**SHOT PUT, DISCUS THROW, HAMMER THROW and JAVELIN THROW** for men and women.

### ENTRIES:

All entries must be done 3 days prior every competition series the latest by e-mail –  
[antskiisa@gmail.com](mailto:antskiisa@gmail.com)

If Your team / athlete needs accommodation, please ask information from the competition manager Ants Kiisa by e-mail – [antskiisa@gmail.com](mailto:antskiisa@gmail.com)

### PRIZES:

There is three level prize system. According to achieved place and result the prize system is as follows:

<b>1st place</b>	<b>2nd place</b>	<b>3rd place</b>
<b>A BONUS</b>		
200 EUR	150 EUR	100 EUR
<b>B BONUS</b>		
100 EUR	75 EUR	50 EUR

C BONUS		
75 EUR	50 EUR	25 EUR

EVENT	MEN		WOMEN	
	A	B	A	B
Shot put	21.10	19.40	17.20	16.50
Discus throw	64.00	60.00	59.50	55.00
Hammer throw	76.00	70.00	69.50	64.00
Javelin throw	81.00	77.00	60.00	56.00

NB! C BONUS applies when results are under B bonus level.  
Best athletes receive also prizes like sports equipment, clothing, sports drinks etc.

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**NB!** In addition to senior series, the youth throwing series is also organised. These will take place on different dates:

- 1st competition – 15.05.2013
- 2nd competition - 20.05.2013
- 3rd competition - 30.05.2013
- 4th competition – 3.09.2013
- 5th competition – 16.09.2013

Each youth throwers competition has the same programme with all throwing events covered: SHOT PUT, DISCUS THROW, HAMMER THROW and JAVELIN THROW for U16, U18 and U20 boys and girls.

All entries must be done 3 days prior every competition series the latest by e-mail – [antskiisa@gmail.com](mailto:antskiisa@gmail.com)

Best athletes receive also prizes like sports equipment, clothing, sports drinks etc.

**We look forward to Your participation!**

Ants Kiisa (the competition manager)  
in cooperation with Estonian Athletic Association.