

„April- April 2012”

Place and time. Competition will be held in stadium of Murjāņi Sport Gymnasium, Sēja, Riga region on 28.04.2012. Registration will begin at 9.00 of the race day morning. Competition is included in the competition calendar of Latvian Athletic Association. Start of competition at 10.40.

Organization. Competition is organized by Murjāņi Sports Gymnasium and Latvian Athletic Association. Directors of competition Gatis Ratnieks /+371 26411857, gatis@lat-athletics.lv/
Aivars Rumbeniks /+371 29228013/

Competition program

Age group	Women	Men
2001.and younger „D”	1000m	1000m
1999.- 2000. „C”	1000m	1000m
1997.-98. „B”	3000m LČ	3000m LČ
1995.-96. „A”	5000m Lč	10 000m LČ
1993.-94. junior	10 000m LČ	10 000m -
1992. and older	10 000m	20 000m
1976. and older senior	1000m	3000m

Expenses and reservations. All expenses are covered by participants /some exceptions regarding foreign athletes can be made/.Arrival of participants is on the race day .If hostel is needed: reservations must be made till 23.04.2012. by fax +371 67977832, phone +371 29330201, +371 26411857 , gatis@lat-athletics.lv

For those who are staying in the hostel please take your own bed closes with your!

Prizes. Participants achieving first to third place in each group will /be awarded/ receive diplomas.

Program

10.40 Opening ceremony
11.00 3000m „B” boys/1997.-98./ un senior
11.25 3000m „B” girls/1997.-98./
11.50 1000m „C” /1999.- 2000./ un „D” boys /2001. >/
12.00 1000m „C” /1999.- 2000./ un „D” girls /2001. >/
12.20 5000m „A” girls /1995.-96./
10 000m girls /1993.-94./
10 000m women /1992.</
13.30 10 000 „A” boys/1995.-96./,junior /1993.-94/
10 000m men /1992.</

Director of competition

Gatis Ratnieks,

Aivars Rumbeniks